## The Mad Monkey

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## Verse 2

Hey, mighty Lion, tell us why you roar. Hey, mighty Lion, do you feel sore? Why are you mad? Was it something really bad?

"It was Monkey's fault! He was climbing up a tree. I roared, 'Hello,' but he didn't look at me. He jumped from the branchesžlanded on my head!" "It was Monkey's fault," Lion said.

When you're mad and you want to scream and shout, take deep breaths and breathe it all out.
Find a quiet place. Count to ten.
You'll be a happy Lion again.

Then Monkey and Lion sang, "Breathe in. Breathe out. Ahhh!"

"One, two, three, four, I'm feeling better than before. Five, six, seven, eight, Now I'm calm and feeling great. Nine and ten! I'm feeling like myself again!"