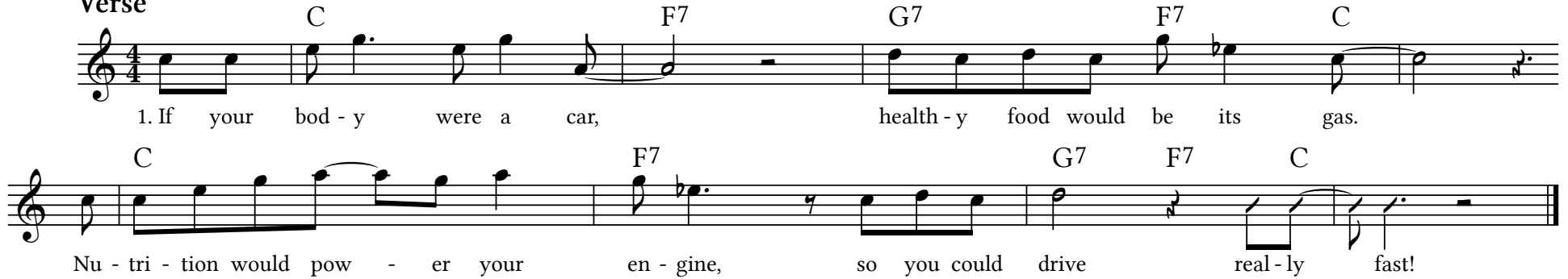


# Healthy Foods Make Your Body Go

Rock  
Mark Oblinger

## Verse

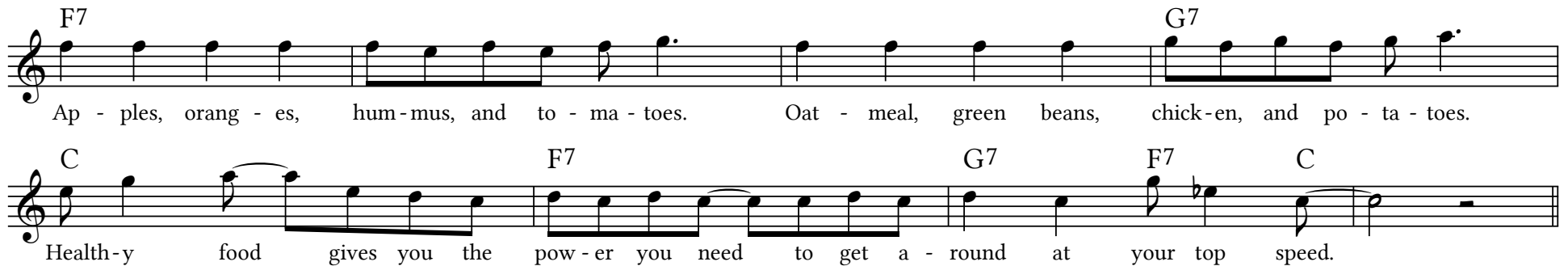


1. If your bod - y were a car, health - y food would be its gas.  
Nu - tri - tion would pow - er your en - gine, so you could drive real - ly fast!

## Verse 2

Too much junk food  
makes you slower than a snail.  
So eat some fruits and vegetables,  
then zip on down the trail!

## Chorus



Ap - ples, orang - es, hum - mus, and to - ma - toes. Oat - meal, green beans, chick - en, and po - ta - toes.  
Health - y food gives you the pow - er you need to get a - round at your top speed.

## Verse 3

Many healthy foods  
help support a healthy brain.  
You'd race across the tracks  
if your body were a train.

## Verse 4

Without healthy food,  
your wheels would get loose.  
Healthy food keeps you going  
from your head to your caboose!

## Verse 5

If your body were an airplane,  
healthy food would help you fly.  
You'd eat balanced meals  
to go soaring through the sky.

## Chorus

## Chorus