

People Who Help Keep Me Healthy

Grade Level: K - 3

Content Areas: Art, Technology, Language Arts, and Music

Time Frame: 120 minutes

MATERIALS

[People Who Help Keep Me Healthy](#) Book

Research books

Internet for research

Materials for crafting books

OBJECTIVES

Students will:

- Learn about the people who keep them healthy
- Research the people who keep them healthy
- Create a book about the people who keep them healthy

VOCABULARY:

Key vocabulary

Before reading, focus on vocabulary. Read the glossary words and their definitions.

Clinic - A place where people go to receive medical care; some doctors have offices in clinics

Hygienist - A person who is trained to help a dentist; hygienists clean teeth and take x-rays.

Medicine - A substance used for treating an illness

Tonsils - Flaps of soft tissue that line each side of your throat

Toothache - Pain in or near a tooth

FREE SONG

[Click here](#) to download or stream the People Who Help Keep Me Healthy song.

Find other Cantata Learning songs and books at <http://www.cantatalearning.com>.



PROCEDURES/ACTIVITIES

Preparation:

Start out by asking students who are the people that help keep them healthy? Write down the list on a chart or whiteboard.

Read [People Who Help Keep Me Healthy](#) to students.

Ask students again if they can think of anyone else who helps keep them healthy and add them to the list.

Lesson Procedure:

1. Have students think back to the book and list and choose one person each that they would like to know more about.
2. Have students create a list of ten questions that they would like to ask someone who keeps them healthy.
3. Have students research the person they chose.
4. Tell students they should be identify the questions they had and resources they find the answers at.
5. Students can also try and get an interview with the people who keep you healthy.
6. Once all of their research has been completed have students put together a book about their person to share with the class.



Technology Extension:

Students can create their book digitally as well. They can use [eduBuncee](#) to create their digital project about the people who keep them healthy. Within eduBuncee, students can find images and videos, add text, stickers, backgrounds, and even their voice to create a digital project to share with others.

Language Extension:

The language extension can be the writing within eduBuncee. Work with the students when adding their words to the digital project. They can even write their draft first to work on context, editing, etc...

Standards:

CCSS.ELA-LITERACY.W.K.2 - Use a combination of drawing, dictating, and writing to compose informative/explanatory texts in which they name what they are writing about and supply some information about the topic.

CCSS.ELA-LITERACY.W.1.2 - Write informative/explanatory texts in which they name a topic, supply some facts about the topic, and provide some sense of closure.

CCSS.ELA-LITERACY.W.2.2 - Write informative/explanatory texts in which they introduce a topic, use facts and definitions to develop points, and provide a concluding statement or section.

CCSS.ELA-LITERACY.W.3.2 - Write informative/explanatory texts to examine a topic and convey ideas and information clearly.

Music and Art Extension:

As a music extension, work with the music teacher to record the students singing the different songs in the books. These recordings can be added to the Buncee projects. This can be done with groups or as a whole group.

